

# Pentagon Journal Club 2022

## Advertisement:

The Pentagon Journal Club 2022 will take place via Zoom at 6:15p on 20 January 2022 (after a short business meeting at 6p).

## Registration:

- Links to the two interviews will be sent to all people on the ANPD Pentagon mailing list on 5 January 2022.
  - You Tube video interview: Dr. Cynda Rushton *"I'm not ok"... dealing with the baggage from a prolonged pandemic*
    - <https://www.youtube.com/watch?v=b8K38gvrLul>
  - Podcast: Chiara Dall'Ora *Sick of 'resilience'? How to embrace being human – not superhuman*
    - <https://rcni.com/nursing-standard/newsroom/podcast/sick-of-resilience-how-to-embrace-being-human-not-superhuman-179986>
- A zoom link will be sent via email to the Pentagon mailing list on 17 January 2022.

## Disclosures:

This activity does not contain content about products consumed on or used by patients therefore there is not a possibility of Conflict of Interest.

## Successful completion:

1. Listen to both interviews prior to the moderated discussion **and**
2. Actively participate in the moderated discussion

**Outcome:** 80% of participants will indicate increased knowledge of importance of acknowledging emotions.

**Evaluation:** Participants will be asked to raise a virtual hand at the end of moderated discussion to indicate increased knowledge of importance of acknowledging emotions.

## Jointly Provided by Aultman Hospital and ANPD Pentagon

Aultman Health Foundation is approved as a provider of nursing continuing professional development by the Ohio Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. (OBN-001-91).

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